

CHRISTMAS

Advent Giving Calendar

This advent calendar is a way to give to those living in poverty in your local area. **Please start on the 22nd November to allow donations to be received by the foodbank by the 15th December.**

Nov **22**
UHT / Long life Milk

Nov **23**
Cereal

Nov **24**
Pasta

Nov **25**
Tea and Coffee

Nov **26**
Rice

Nov **27**
Biscuits



Nov **28**
Sugar or honey

Nov **29**
Detergent

Nov **30**
Tinned meat or fish

Dec **1**
Chocolate

Dec **2**
Tinned fruit or pudding

Dec **3**
Cooking sauce or condiment

Dec **4**
Sanitary products

Dec **5**
Nut butter or jam

Dec **6**
Shampoo

Dec **7**
Lentils or beans

Dec **8**
Shower gel or soap

Dec **9**
Deodorant

Dec **10**
Tinned tomatoes



Dec **11**
Cooking oil

Dec **12**
Something festive

Dec **13**
Fruit squash

Dec **14**
Tinned sweetcorn

Dec **15**
Nappies